# Laurel Church of Christ Family Focus

November 21, 2021

### **OUR LEADERS:**

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### **MESSAGE ON GRATEFULNESS**

By Dale Nelson

The Bible gives us an amazing command, and to be honest, one that I personally have struggled with from time to time. I believe after I share the scripture, like me, you will have to confess you've probably fallen short in this area a few times as well.

Here it is: I Thessalonians 5:18 (KJV) "In everything give thanks: for this is the will of God in Christ Jesus concerning you."

Sometimes it's easy to focus on what we don't have rather than what we do have in Christ. We can get caught up in envy of others, thinking that the grass is greener on the other side, instead of being grateful for what God has given us. When you feel a lack of gratitude in your life, try to turn your thoughts away from the negatives and toward the positives. When we live lives of envy and ungratefulness, we rob ourselves of the joy that comes from God and His blessings.

I'd like to share with you a fact I discovered recently: According to the Mayo Clinic, daily gratitude has been shown to significantly increase your happiness—and your physical health. Practicing gratitude improves sleep, boosts immunity, and decreases the risk of disease. So, if we want to be healthier, happier people—and if we want to be servants of God doing what Jesus requests of us—then we need to get into the habit of thanking God daily. When we approach Him in prayer, instead of just focusing upon the things we need or want, let us thank Him for the things He has already done for us. Jesus takes good care of His children, offering them love, forgiveness, mercy, and salvation—not to mention providing for our physical needs as well.

As we go about this week, let's remember not to take God's goodness for granted!

Being like Christ John 15:4-5

# Pray for the sick:

Faith Fooks, Dave Newberry, Gloria Hurley, Terry Hastings, Kay Murphy, Kristy Brady—continuing health concerns.

Pat Tucker, eye issues; Michelle Tucker, heel issues; seeing an orthopedist.

Vinnie Odo; injured in a fall in his shop, recovering. Sandi Holt; awaiting liver biopsy report.

Schools, students and teachers as they try to carry on amidst COVID. Cases are increasing. Thea's friend Cindy's brother Dwight; back surg. On-going personal Bible studies.

Robin Anderson; wound infection after surgery and her daughter, Natalie will have cardiac surgery.

Joel Wharton received good news from tests.

Kerri and family—(Dad 's return of brain cancer)—
friend of Dale and Maddy.

Ruby Akers has chicken pox. Marissa (Robin's niece).

## Our country, her leaders, those serving.

# Opportunities for study and worship

Sunday: (In person and virtually at: www.laurelcoc.org)

Bible Classes 9:00 a.m.
Worship 10:00 a.m.
Teen Devo 6:00 p.m.

Tuesday:

Men's Bible Study 8:30 a.m. Women's Zoom study 7:00 p.m.

Wednesday

Bible Study at building 6:30 p.m.

We invite you to attend any of our service times, and we look forward to welcoming you, and pray that you might find a home here with us in Laurel and with God in heaven as His child.

If you need Media help — connections, addresses, or general questions contact: Don Trader or Julio Brennick



**STAY INFORMED** by signing up for the informational blasts on the website.

#### ANNUAL THANKSGIVING FELLOWSHIP FEAST

Out Potluck meal on Nov. 28 will be our Thanksgiving Meal. There is a sign-up sheet for traditional foods on the bulletin board.

**Bus Trip:** Ginger is getting together a bus trip to *Sight and Sound* to see *David.* If there is enough interest the trip will be Mar. 19, 3:00 show. The cost is \$115 per person, plus cost of stopping for dinner. Let Ginger know ASAP if interested. The bus will leave from the FLC at 10:00

#### **CHANGE OF DATE:**

Ladies mark your calendars for the Christmas Tea that will be held in the FLC on **Dec. 18th** at 12:00. Bring a wrapped ornament to exchange. RSVP to Julie by Dec. 8th. Sign-up sheet on bulletin board.

Christmas caroling will be Sunday the 19th. Meet at the FLC at 4:00.

# WHO WE ARE

The body of Christ in Laurel, Delaware is a family of believers knit together in love (Colossians 2:2), striving to serve God in spirit and in truth (John 4:24) and carrying the gospel to the lost (Matthew 28:18). We are an autonomous body with Christ only as our head, and elders shepherding the flock of God (Acts 20:28).

We have been entrusted with the gospel (I Thessalonians 2:4) and so it is that we speak. The congregation seeks to uphold the doctrine and practice of the first century church using the only true standard, the Bible, as our guide (2 Peter 1:3). It is our prayer that all would come to a knowledge of the truth and partake in that divine fellowship in the body of Christ, being immersed for the remission of sins, and beginning life anew with Christ as Lord (Acts 2:38, Romans 6:1). Our plea is that we might be one in Christ, and serve the Lord faithfully unto death to receive our crown (Revelation 2:10).